

Guideline Directed Medical Therapy (GDMT) Program Update

August 2025

Program Update: Cardiology Services Requested Under Florida Blue, CarePlus and Aetna

What is changing?

- Beginning August 18, 2025, Evolent implemented its Guideline-Directed Medical Therapy (GDMT) medical necessity determinations program for select cardiology services requested for Florida Blue, CarePlus and Aetna members.
- Providers will be required to complete an attestation about the patient's GDMT status during the prior authorization process within the Evolent CarePro provider portal when requesting authorization for select services applicable to the program.
- Providers will be required to upload additional information to support the clinical review of select service requests included in the GDMT Program Scope.

Why was this program update implemented? The literature overwhelmingly reinforces that GDMT and preventive measures are the foundation of initial and ongoing management of cardiac conditions. Additionally, using GDMT and preventive measures in cardiology care improves the patient's quality of care and outcomes, while also lowering out-of-pocket costs.

What services are in-scope for this program? This GDMT program update will focus on select AICD and CRT-D service requests for heart failure conditions.

GDMT Program Scope (effective August 18, 2025)	
Cardiovascular Condition	CPT/Services
Heart Failure	AICD CPT codes: 33249 and 33270 CRT-D CPT codes: 33225, 33263 and 33264

What additional information will practices be required to submit for supporting clinical documentation?

- Include the progress note that prompted the request, the medication list, and the applicable lab report per condition with the request.
- Select the most appropriate attestation statement about the patient's most up-to-date GDMT status in the provider portal, including any recent dosage changes.

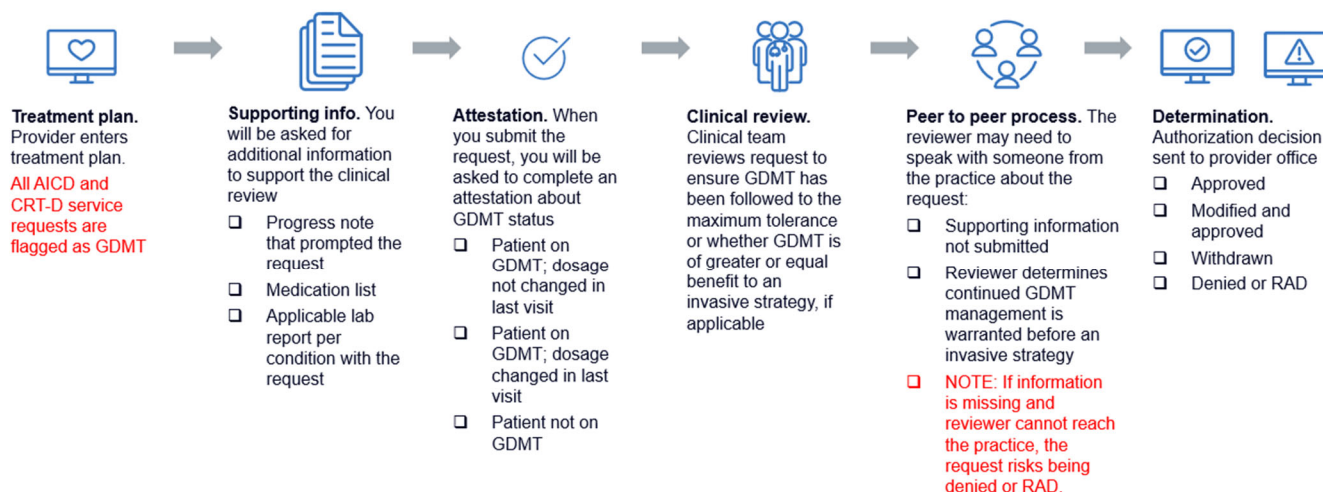
How will the additional information be used? Clinical reviewers will use the additional information to understand disease progression and assess whether GDMT and associated preventative measures are of greater or equal benefit to invasive strategies, if applicable.

What will happen if the service request is submitted without the additional supporting clinical documentation? If the service request is identified to be related to a heart failure condition, clinical reviewers will not be able to approve the request without the supporting clinical information. The request will be flagged for missing or lack of information, and the Evolent review team will pursue a peer-to-peer conversation with the practice to gather the missing information and make a final determination.

What are all the steps I need to follow to submit a GDMT prior authorization? Below is a step-by-step overview of the GDMT prior authorization process.

GDMT Authorization Review Process

Takeaway: Please ensure we have good contact information for your practice to support peer-to-peer outreach.



What if my service request is not related to heart failure cardiovascular condition?

All requests for the identified AICD and CRT-D services will be prompted to clinical review regardless of diagnosis code. However, only service requests related to heart failure cardiovascular conditions will be clinically reviewed against Evolent's GDMT clinical policy.

Where can I access Evolent's GDMT policy? You may access the policy at www.evolent.com/regulatory-compliance-and-privacy-policies, select Compliance & Regulatory, and select Medical Policies | Cardiology.

If I have questions about the program, who should I contact? Please contact your Evolent Practice Performance Advisor directly for any questions you may have or email providertraining@evolent.com. We will be happy to assist.